

CUWFA Board Member Candidate Form

YOUR NAME: Magdalena Rydzy	TODAY'S DATE: Feb. 9, 2017
INSTITUTION: University of Toronto	
YOUR TITLE: Education Advisor and Communications Coordinator	
E-MAIL ADDRESS: Magdalena.rydzy@utoronto.ca OFFICE PHONE: 416-946-0687	
<p>BIOGRAPHIC STATEMENT - 500 word maximum, please (Please include personal and professional history as it relates to work/life issues in higher education and describe your specific areas of interest for involvement in the Board.)</p> <p>Magdalena Rydzy has been a dedicated member of the College and University Work-Life-Family Association (CUWFA) since 2013 and the Co-Chair of CUWFA's Information Management Committee since 2016. Under Magdalena's direction the Committee has developed CUWFA's first Social Media Guidelines, which are being implement this year.</p> <p>Magdalena's contributions to the work-life field include presentations at CUWFA's past conferences on <i>Bringing Your Whole Self to Work: Best Practices on How to Support Employees Undergoing Major Work-Life Changes</i> (2014) and <i>Implementing Mindful Practices for Employees and Students</i> (2015). Magdalena is also a member of the University of Toronto Work-Life Advisory Committee, which designs programs that support the university's commitment to creating a healthy workplace for all employees.</p> <p>As Education Advisor and Communications Coordinator at the Family Care Office, Magdalena provides consultations to University of Toronto staff, faculty and students in the area of work-life-family integration. She provides guidance in the interpretation and application of employment policies, collective agreements and relevant legislation relating to various family leaves and flexible work arrangements. Magdalena coordinates the implementation and evaluation of tri-campus collaborative educational programming for University community aimed at building competencies that help new parents develop coping strategies and help them transition back to work and school. She oversees the Family Care Office communications and social media strategy, implementing communications projects such as '20 Family Friendly Years at U of T', the full rebrand of the Family Care Office identity with a revised communications strategy (including social and content) and a redesigned Family Care Office website. Magdalena was previously seconded to the position of Manager, Family Care Office & Faculty Relocation Services and was appointed as the University Equity Officer making recommendations to University leaders on policy and practice concerning the removal of barriers to educational and employment equity.</p> <p>Magdalena would be thrilled to join CUWFA's Board of Directors to contribute to the understanding and development of the work-life field and to further the organizational</p>	

mission to provide leadership in facilitating the integration of work and study with family/personal life at institutions of higher learning.